



Juliette Works Masterclasses



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Juliette
WORKS

**Making your Teams
more Effective
(and enjoyable!)**



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**Strategic Career
Masterplanning**



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**The Truth about
Employee Engagement**



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**Recognizing and
Managing Burnout**



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**7 Simple Shifts to
Seniority**



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**Hacking Your Brain to
Work For You**



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**The Truth About
Imposter Syndrome**



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**Harnessing the Power
of Women at Work**



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**The Foolproof
Objective Setting
Toolkit**



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Making your Teams
more Effective
(and enjoyable!)

Key Takeaways:

- The 5 Behaviors of cohesive teams
- Why trust is the foundation of team success
- How to foster trust as a leader and teammate
- Valuing differences in culture and experiences

2

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Strategic Career
Masterplanning

Key Takeaways:

- Mindset for owning your career journey
- Five steps to Masterplan your Career
- Tips for operationalizing success
- Tracking progress

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The Truth about
Employee Engagement

Key Takeaways:

- Research on the Global Engagement Crisis
- What is causing it
- How we can prevent it with ourselves
- How we can fix it within our organizations



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Key Takeaways:

- Misconceptions of burnout
- 12 Phases of Burnout
- Signs and symptoms
- Steps for prevention and recovery



Key Takeaways:

- Choosing the table you want to have a seat at
- Mapping out impact, influence, and inspiration
- 7 Shifts that elevate your profile and performance
- Operationalizing the shifts



Key Takeaways:

- Common ways your brain works against you
- Hacks for getting your brain to work with you
- (A pre-survey is used to customize the 4-5 most relevant hacks from a choice of 12)



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**The Truth About
Imposter Syndrome**

Key Takeaways:

- Facts about Imposter Syndrome
- Why it is misunderstood and misnamed
- What Imposter Syndrome really is
- How to conquer it for yourself

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**Harnessing the Power
of Women at Work**

Key Takeaways:

- The framework for high performance teams
- How women can work together to build high performance leadership teams
- Creating "mentoring moments" for the next generation of women

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**The Foolproof
Objective Setting
Toolkit**

Key Takeaways:

- What objectives have to do with setting boundaries
- A three-step toolkit for objective setting that gets you the resources you need and the credit you deserve
- How to use the toolkit to manage expectations, generate sponsorship, and deliver results



Feedback from Participants

"Extremely valuable"
"Expertise and partnership"

"We've had amazing feedback from the team over the past few days and they've all expressed finding the session extremely valuable. We're grateful to have had your expertise and partnership at this critical stage for our team."

"I can see why Elizabeth was so successful in her corporate career. Her genius was in how she put the topics together, structured the program, and was able to deliver salient points to someone who doesn't have a lot of time and wants bang for their buck."

"Her genius was in how she put the topics together"

"Amazing"
"Highly sought after"
"Master of strategy"

"Elizabeth is amazing in so many ways, all of which enable her to be a successful and highly sought after Career Strategist. Not only is she brilliant, experienced, driven, and a master of strategy, Elizabeth is also thoughtful, intuitive, encouraging, and excellent at helping people see things in themselves that they otherwise would not have."

"As an executive who has led large global teams, Elizabeth Sandler was able to provide a rare level of insight to an ambitious woman like myself who hopes to follow in her corporate footsteps."

"Rare level of insight"

"Remarkable results"
"Real impact"
"Tangible takeaways"

"Elizabeth ran a workshop for us that was engaging and powerful. She facilitated a discussion that resonated profoundly with each participant - and it was a diverse group with varied perspectives. Elizabeth's approach achieved remarkable results with real impact and tangible takeaways for each of us."

"Elizabeth is amazing. She teaches you how to break things down so you can focus on what you really want and actually how to get there. Her tools are a resource that I will continue to reference and build upon."

"Focus on what you really want and how to get there"

Participants work for small and private companies as well as multi-nationals





Your Masterclass Facilitator



Elizabeth J. Sandler

Founder and CEO
Echo Juliette and Juliette Works

sandler@echojuliette.com



Background and Expertise

Elizabeth is a seasoned senior executive with 25 years of experience as a Head of Strategy and Chief Operating Officer for multi-national divisions of global organizations.

Most recently, Elizabeth was COO for Blackstone Real Estate Debt Strategies (BREDS), the private equity firm's \$20bn+ AUM debt fund, mortgage REIT, and real estate securities hedge fund business. Prior to Blackstone, Elizabeth spent 16 years at Deutsche Bank, where she was COO of Group Risk and a member of the Bank's Global Operating Committee. Elizabeth was previously COO of Structured Finance and COO of Commercial Real Estate, the bank's industry-leading global CMBS and real estate debt business.

In 2018 Elizabeth started Echo Juliette to use her experience as a strategist and COO to help C-suite teams optimize their performance as both individuals and as a team. Her proprietary methodology, ECHO Performance Lab, is based on decades of personal executive experience combined with The Five Behaviors® methodology based on Patrick Lencioni's best-selling book.

In 2020 Echo Juliette launched Juliette Works, a subsidiary that provides coaching, mentorship, and strategic guidance to executive women. Elizabeth is passionate about seeing women have successful leadership careers and offers corporate clients group coaching programs.

Elizabeth is a Certified Professional Coach through the GROW Training Institute, a Society of Human Resource Management Senior Certified Practitioner (SHRM-SCP), and a Qualified Teacher of Mindfulness (MBSR Level 1 Teacher).

Elizabeth has a Bachelor's degree in Sociology from Duke University and an MBA from The Wharton School where she currently serves as a member of The Graduate Executive Board. She is also on the board of two public companies (LON:ESYS and NYSE:FSK) and Scholars of Finance, a 501(c)(3) that promotes values-based leadership for university students pursuing finance careers.



The Truth about Employee Engagement
